

# SCHMITT FAMILY FARM

Our Favorite Recipes

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## *Cole Slaw*

Ingredients:

- ½ head cabbage (red, green or a mixture of both), grated
- 1 small onion, grated
- 2 tablespoons vinegar
- 2 tablespoons sugar
- ½ cup mayonnaise
- Salt and pepper to taste

Directions:

1. In a large salad bowl, combine cabbage, onion, vinegar and sugar
2. Mix in mayonnaise, adding more if necessary to reach desired consistency
3. Chill for about 30 minutes before serving

Variations: Any of the following ingredients can be added to taste: green or red pepper, diced; celery, diced; scallions, chopped; parsley, chopped; green or black olives, sliced; raisins; fresh dill, chopped; carrots, grated; paprika; celery seed; hard boiled eggs, chopped. Substitute sour cream for part of the mayonnaise if desired, or use non-fat sour cream and fat-free mayonnaise for a low fat diet. Eliminate the mayonnaise and substitute your favorite vinaigrette or bottled commercial dressing.